Patient's Name: Today's Date:			
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## Childhood Asthma Control Test for children 4 to 11 years.

## **How to take the Childhood Asthma Control Test**

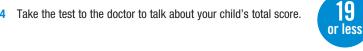
Step 1 Let your child respond to the first four questions (1 to 4). If your child needs help reading or understanding the question, you may help, but let your child select the response. Complete the remaining three questions (5 to 7) on your own and without letting your child's response influence your answers. There are no right or wrong answers.

- Step 2 Write the number of each answer in the score box provided.
- Step 3 Add up each score box for the total.
- **Step 4** Take the test to the doctor to talk about your child's total score.

If your child's score is 19 or less, your child's asthma symptoms may not be as well controlled as they could be.

NOTE: If your child's score is 12 or less, this may be an indication that their asthma is very poorly controlled. Please contact your child's healthcare provider right away (if this is the case).

There may be more you and your child's healthcare provider could do to help control your child's asthma symptoms.



## Have your child complete these questions.

1. How is your asthma today?



